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| **Coach Brown** |   | **Developmental Soccer**  |   |
| PE - Soccer  |   | 10/10 – 10/14 |   |

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| * **Monday**
 | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer**Daily Agenda:** 1. Dress out into soccer gear.
2. Report for attendance.
3. Instructional time.
4. Class activity.
5. Students dress back into their school clothes.

**Class Discussion Point(s):** 1. 1 versus 1 defending technique.
2. Using shoulder-to-shoulder physical contact correctly.
3. Answer student questions.

**Class Activity:** 1. Split group into three teams.
2. Participate in 3-minute rotating small-sided competitive games.
3. Winning team stays on the field to defend their round championship.
4. Emphasis: 1 vs. 1 defending.

**Follow-Up/Homework:**   |
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| **Tuesday**  | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer**Daily Agenda:**  1. Dress out into soccer gear.
2. Report for attendance.
3. Instructional time.
4. Class activity.
5. Students dress back into their school clothes.

**Class Discussion Point(s):**  1. Review – 1 versus 1 defending technique.
2. Review – How to use shoulder-to-shoulder challenge correctly.
3. Answer student questions.

**Class Activity:**1. Split group into three teams
2. Participate in fast small-sided competitive games – tournament style.
3. Winning team stays on the field to defend their championship.
4. Emphasis: 1 vs. 1 defending.

**Follow-Up/Homework:** Reminder about game evaluation grade Thursday. |
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| **Wednesday/Thursday**  | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer**Daily Agenda:**  1. Students dress out into soccer gear
2. Students report for attendance
3. Class Discussion
4. Class activity
5. Students dress into their school clothes

**Class Discussion Point(s):**  1. Importance of being multi-dimensional player physically and mentally:
* Weather related factors.
* Opponent tactics related factors.
* Fans related Factors.
* Referee related factors.
1. Questions and answers.

**Class Activity (Game evaluation):** 1. Split up two full teams
2. Full-field game with positional responsibilities.
3. Substitutions made every 8 minutes of play.
4. Emphasis: Accepting referee calls regardless of opinion and game situations.

**Follow-Up/Homework:** Professional soccer games schedule for the week.  |
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| **Friday**  | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer**Daily Agenda:**  1. Students dress out into the soccer gear.
2. Student report for class attendance.
3. Instructional time.
4. Class activity.
5. Student change back into their school clothes.

**Class Discussion Point(s):**  1. I vs. 1 defending technique – review
2. Importance of being a multi-dimensional player.
3. Questions and answer regarding soccer topics of the week.

**Class Activity:** 1. Split up three teams and play small-sided tournament-style rotation games.
2. All students stay active during the course of class activity.
3. Emphasis: Proper throw-ins, non-verbal communication of the field of play and recognition of offsides game situations.
4. Finish workout with core-muscle exercises for better body strength.

**Follow-Up/Homework:** * Observe at least 20 minutes of a professional soccer game on tv.

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