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| **Coach Brown** |  | **Developmental Soccer** |  |
| PE - Soccer |  | 10/10 – 10/14 |  |

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| * **Monday** | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer  **Daily Agenda:**   1. Dress out into soccer gear. 2. Report for attendance. 3. Instructional time. 4. Class activity. 5. Students dress back into their school clothes.   **Class Discussion Point(s):**   1. 1 versus 1 defending technique. 2. Using shoulder-to-shoulder physical contact correctly. 3. Answer student questions.   **Class Activity:**   1. Split group into three teams. 2. Participate in 3-minute rotating small-sided competitive games. 3. Winning team stays on the field to defend their round championship. 4. Emphasis: 1 vs. 1 defending.   **Follow-Up/Homework:** |
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| **Tuesday** | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer  **Daily Agenda:**   1. Dress out into soccer gear. 2. Report for attendance. 3. Instructional time. 4. Class activity. 5. Students dress back into their school clothes.   **Class Discussion Point(s):**   1. Review – 1 versus 1 defending technique. 2. Review – How to use shoulder-to-shoulder challenge correctly. 3. Answer student questions.   **Class Activity:**   1. Split group into three teams 2. Participate in fast small-sided competitive games – tournament style. 3. Winning team stays on the field to defend their championship. 4. Emphasis: 1 vs. 1 defending.   **Follow-Up/Homework:** Reminder about game evaluation grade Thursday. |
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| **Wednesday/Thursday** | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer  **Daily Agenda:**   1. Students dress out into soccer gear 2. Students report for attendance 3. Class Discussion 4. Class activity 5. Students dress into their school clothes   **Class Discussion Point(s):**   1. Importance of being multi-dimensional player physically and mentally:  * Weather related factors. * Opponent tactics related factors. * Fans related Factors. * Referee related factors.  1. Questions and answers.   **Class Activity (Game evaluation):**   1. Split up two full teams 2. Full-field game with positional responsibilities. 3. Substitutions made every 8 minutes of play. 4. Emphasis: Accepting referee calls regardless of opinion and game situations.   **Follow-Up/Homework:** Professional soccer games schedule for the week. |
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| **Friday** | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer  **Daily Agenda:**   1. Students dress out into the soccer gear. 2. Student report for class attendance. 3. Instructional time. 4. Class activity. 5. Student change back into their school clothes.   **Class Discussion Point(s):**   1. I vs. 1 defending technique – review 2. Importance of being a multi-dimensional player. 3. Questions and answer regarding soccer topics of the week.   **Class Activity:**   1. Split up three teams and play small-sided tournament-style rotation games. 2. All students stay active during the course of class activity. 3. Emphasis: Proper throw-ins, non-verbal communication of the field of play and recognition of offsides game situations. 4. Finish workout with core-muscle exercises for better body strength.   **Follow-Up/Homework:**   * Observe at least 20 minutes of a professional soccer game on tv. |